

Preventive Screening Guides

As a chiropractor, you know how important preventive screenings are in ongoing health maintenance and are in an excellent position to communicate key information regarding these screenings and further support your patients' overall health and wellness.

How to Answer Patients' Questions and Concerns

You may receive questions from your patients about preventive screening. Here are recommendations and information to assist you.

Q. What if the patient does not have a primary care physician?

A. There are a variety of places the patient can look for assistance in selecting a primary care physician. These may include checking with his or her health plan for a provider directory; asking a family member, friend or neighbor for a recommendation; running an Internet search using his or her zip code; or contacting the [Minnesota Medical Association](#) or 1-800-342-5662.

Q. What if the patient does not want to see a primary care physician?

A. You might try some gentle questioning to find out what the patient's barriers are. It is possible a simple fix like finding a different provider may solve the problem. Also, building a relationship with a primary care physician is important, and a preventive care visit is a great place to make that connection. If the patient gets sick or develops a chronic condition, he or she will then have a doctor in place that he or she knows and trusts.

Q. What if the patient cannot afford to pay for the preventive screenings?

A. If the patient tells you that he or she cannot pay for the preventive screenings, let him or her know that preventive screenings are often covered by health insurance at **no charge**. Encourage the patient to check with his or her health plan to identify which services are covered and those that are not.

Q. What if the patient does not have health insurance coverage?

A. Any patient without health insurance who lives in Minnesota can call 311 to receive additional information and assistance. They can also visit [MNsure](#) to see if they qualify for a health plan subsidy which may cover some or all of the cost of their health insurance premium.

Q. Where can the patient find additional information regarding preventive screenings?

A. We recommend visiting the [Institute for Clinical System Improvement](#) (ISCI) or [US Preventive Services Task Force](#) (USPSTF).